

Present (infinitive)	Simple Past	Past Participle	Spanish
1 arise	arose	arisen	surgir, presentarse (un problema, una duda)
2 am/is/are (be)	was / were	been	ser; estar; tener (frío, miedo, prisa, etc.), haber (con <i>there</i>)
3 bear	bore	borne	soportar; llevar (firma, marca); dar a luz; (<i>fruit</i>) dar fruto
4 beat	beat	beaten	derrotar; pegar, dar una paliza; latir (corazón); golpear rítmicamente
5 become	became	become	hacerse, convertirse en
6 begin	began	begun	empezar, comenzar
7 bend	bent	bent	doblar, curvar
8 bet	bet	bet	apostar
9 bind	bound	bound	atar, enlazar; encuadernar
10 bite	bit	bitten	morder
11 bleed	bled	bled	sangrar
12 blow	blew	blown	soplar
13 break	broke	broken	romper
14 breed	bred	bred	criar; engendrar; reproducirse
15 bring	brought	brought	traer
16 broadcast	broadcast	broadcast	emitir
17 build	built	built	construir
18 burn	burned / burnt	burnt / burned	quemar; arder
19 buy	bought	bought	comprar
20 can (be able to)	could ¹	been able to	poder; saber
21 cast	cast	cast	lanzar (<i>red, cuerda, ancla</i>); echar (<i>a suertes</i>); arrojar (<i>sombra</i>)
22 catch	caught	caught	coger, atrapar, agarrar
23 choose	chose	chosen	elegir, escoger
24 come	came	come	venir
25 cost	cost	cost	costar
26 creep	crept	crept	arrastrarse, reptar
27 cut	cut	cut	cortar
28 deal	dealt	dealt	dar, repartir; (with) tener tratos con; (with) encargarse de
29 dig	dug	dug	cavar; (up) desenterrar
30 do	did	done	hacer
31 draw	drew	drawn	dibujar; correr (las cortinas)
32 dream	dreamed/dreamt	dreamt/dreamed	soñar
33 drink	drank	drunk	beber
34 drive	drove	driven	conducir
35 eat	ate	eaten	comer
36 fall	fell	fallen	caer
37 feed	fed	fed	alimentar, dar de comer a; (on) alimentarse de
38 feel	felt	felt	sentir; tantear; tener o dar la sensación
39 fight	fought	fought	luchar; combatir; pelearse, discutir a voces
40 find	found	found	encontrar
41 flee	fled	fled	huir
42 fling	flung	flung	(oneself) abalanzarse, lanzar(se) con fuerza
43 fly	flew	flown	volar
44 forbid	forbade	forbidden	prohibir
45 forget	forgot	forgotten	olvidar
46 forgive	forgave	forgiven	perdonar
47 freeze	froze	frozen	congelar(se); quedarse inmóvil
48 get	got	got	obtener, recibir, traer, coger, comprar, hacerse, sacar (<i>nota</i>)...
49 give	gave	given	dar
50 go	went	gone	ir

(¹ también puede usarse *was/were able to* en lugar de *could*).

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51 grind	ground	ground	moler	
52 grow	grew	grown	crecer; cultivar	
53 hang	hung	hung	colgar (pero "ahorcar" es regular: <i>hanged</i>)	
54 have	had	had	tener; tomar; darse (<i>ducha</i>); montar (<i>fiesta</i>); tomar (<i>descanso</i>)	
55 hear	heard	heard	oír; (from) tener noticias de	
56 hide	hid	hidden	esconder(se)	
57 hit	hit	hit	golpear; pegar; afectar gravemente	
58 hold	held	held	sostener, sujetar; tener; (<i>hands</i>) ir de la mano	
59 hurt	hurt	hurt	herir, hacer daño; doler	
60 keep	kept	kept	guardar, quedarse con; (<i>a promise</i>) cumplir	
61 kneel	knelt	knelt	estar de rodillas; (<i>down</i>) arrodillarse	
62 knit	knitted/knit	knitted/knit	tejer (<i>con lana</i>); (irregular only) (<i>a broken bone</i>) soldarse	
63 know	knew	known	saber (<i>algo</i>); conocer (<i>a alguien</i>)	
64 lay	laid	laid	poner (<i>huevos, la mesa</i>); colocar	
65 lead	led	led	dirigir, llevar, guiar; encabezar	
66 lean	leaned/leant	leant	inclinarse, apoyarse; (<i>on</i>) buscar apoyo en; (<i>on</i>) presionar a	
67 learn	learnt/learned	learnt/learned	aprender	
68 leave	left	left	dejar(se) (<i>una cosa</i>); irse; salir (<i>un tren, etc.</i>)	
69 lend	lent	lent	dejar, prestar	
70 let	let	let	dejar, permitir	
71 lie	lay	lain	estar situado o tumbado, yacer; (<i>down</i>) tumbarse	
72 light	lit / lighted	lit / lighted	encender (<i>un fuego, un cigarrillo</i>)	
73 lose	lost	lost	perder	
74 make	made	made	hacer, fabricar	
75 mean	meant	meant	significar; querer decir	
76 meet	met	met	conocer (<i>a alguien nuevo</i>); encontrarse, reunirse (<i>con alguien</i>)	
77 mow	mowed	mown / mowed	segar (<i>el césped</i>)	
78 must (have to)	had to	had to / must have	deber, tener obligación de, tener que	
79 pay	paid	paid	pagar; prestar (<i>atención</i>)	
80 prove	proved	proven	demostrar, probar (<i>que algo es cierto</i>)	
81 put	put	put	poner; (<i>on</i>) ponerse (<i>una prenda</i>)	
82 quit	quit/quitted	quit/quitted	abandonar; dejar (<i>de fumar, etc.</i>); rendirse	
83 read	read	read	leer; decir (<i>un cartel</i>)	
84 ride	rode	ridden	montar (<i>en bici, caballo, etc.</i>), ir montado	
85 ring	rang	rung	llamar (<i>por teléfono, al timbre</i>)	
86 rise	rose	risen	elevarse, subir; salir (<i>el sol</i>)	
87 run	ran	run	correr; llevar (<i>un negocio</i>); preparar (<i>una bañera</i>)	
88 say	said	said	decir	
89 see	saw	seen	ver	
90 seek	sought	sought	buscar, ir en busca de	
91 sell	sold	sold	vender	
92 send	sent	sent	enviar	
93 set	set	set	fijar; (up) establecer	
94 sew	sewed	sewn/sewed	coser	
95 shake	shook	shaken	sacudir; agitar (<i>una medicina</i>); dar (<i>la mano</i>)	
96 shave	shaved	shaven	afeitarse	
97 shine	shone	shone	brillar; regular: shine / shined: sacar brillo a	
98 shoot	shot	shot	disparar	
99 show	showed	shown/showed	mostrar, enseñar	
100 shrink	shrank	shrunk	encoger	

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101 shut	shut	shut	cerrar; (up) callarse (<i>la boca</i>)
102 sing	sang	sung	cantar
103 sink	sank	sunk	hundir(se)
104 sit	sat	sat	estar sentado; (down) sentarse
105 slay	slew	slain	matar, asesinar (<i>lenguaje periodístico, o arcaico</i>)
106 sleep	slept	slept	dormir
107 slide	slid	slid	deslizar(se)
108 slit	slit	slit	rajarse
109 smell	smelt	smelt	oler (<i>Am. Eng. smelled</i>)
110 sow	sowed	sown/sowed	sembrar
111 speak	spoke	spoken	hablar
112 speed	sped/speeded	sped/speeded	moverse a gran velocidad; conducir con exceso de velocidad
113 spell	spelt/spelled	spelt/spelled	deletrear, escribir correctamente
114 spend	spent	spent	gastar (<i>dinero</i>); pasar (<i>tiempo</i>)
115 spill	spilt/spilled	spilt/spilled	derramar
116 spin	spun	spun	girar
117 spit	spat	spat	escupir (<i>Am. Eng. spit spit spit</i>)
118 split	split	split	partir, dividir
119 spoil	spoil/spoiled	spoil/spoiled	estropear; consentir, malcriar (<i>a un niño</i>)
120 spread	spread	spread	extenderse; untar (<i>mantequilla, una crema,...</i>)
121 stand	stood	stood	estar de pie; (up) ponerse de pie
122 steal	stole	stolen	robar
123 stick	stuck	stuck	adherirse, pegarse, quedarse pegado
124 sting	stung	stung	picar (un insecto)
125 stink	stank	stunk	apestar; (el pasado también puede ser <i>stunk</i>)
126 strike	struck	struck	golpear, atacar; dar (<i>las horas un reloj</i>); acertar (<i>en el blanco</i>)
127 swear	swore	sworn	jurar; decir tacos
128 sweat	sweat /sweated	sweat / sweated	sudar
129 sweep	swept	swept	barrer, arrasar
130 swell	swelled	swollen / swelled	hincharse, inflamarse; crecer, expandirse
131 swim	swam	swum	nadar
132 swing	swung	swung	columpiarse, balancearse; colgar
133 take	took	taken	tomar, coger; llevar
134 teach	taught	taught	enseñar
135 tear	tore	torn	rasgar
136 tell	told	told	decir; contar (<i>a joke, a story</i>)
137 think	thought	thought	pensar; creer
138 throw	threw	thrown	lanzar, tirar; (away) tirar a la basura
139 tread	trod	trodden / trod	pisar; (on) pisar (<i>algo</i>)
140 understand	understood	understood	entender, comprender
141 undertake	undertook	undertaken	emprender, hacerse cargo de; (undertaker: enterrador)
142 wake	woke	woken	despertar(se)
143 wear	wore	worn	llevar puesto
144 weave	wove	woven	tejer
145 weep	wept	wept	llorar
146 withdraw	withdrew	withdrawn	retirar(se); sacar (<i>dinero del banco</i>)
147 win	won	won	ganar; tocar (<i>la lotería</i>)
148 wind	wound	wound	dar cuerda; atar (alrededor de algo)
149 wring	wrung	wrung	retorcer (<i>una bayeta, las manos</i>)
150 write	wrote	written	escribir